

Sovereign Grace Dress Policy

Sovereign Grace home school cross country team seeks to encourage its young men and ladies to glorify God in all they do: running and yes, in dress.

While we do live under God's sovereign grace, we must realize that "with great freedoms come great responsibility".

We are told in the Bible to be in the world but not like the world. And we are also told to honor others above ourselves, so we must consider how our apparel might affect someone else. (Romans 12:2 and Phillipians 2:3)

Modest clothing must be worn by all team members, at all times (practices, meets, and sponsored events). If improper attire is worn the student will be asked to cover up or change outfits.

Students should **not** wear the following:

- Shirts that are too tight, see-through, show cleavage, too short (no mid-riffs showing) or have spaghetti straps (sleeveless tops should cover the body similar to the team uniform tops) Basically if the top could be worn modestly backwards, then it is ok to wear to practice- this eliminates the running tops that cut in sharply at shoulders.
- Shorts/pants should not be tighter or shorter than the team uniform. Also, no pants with underwear showing.
- No shorts or pants that have writing on the "seat" area.
- T-shirts advertising alcohol, cigarettes or skull and cross bones.

Remember you represent our team name wherever you go. We encourage you to give yourself to the pursuit of excellence in all areas of your life for the glory of God.