

**Sharp Springs Invitational**  
**Saturday, October 10<sup>th</sup>**  
**Sharp Springs Park (Smyrna)**  
**High School and Middle School**

**Race Times**

- 9:30 am for middle school boys
- 10:00 am for middle school girls
- 10:30 am for high school varsity girls (limited to 7 runners)
- 11:10 am for high school varsity boys (limited to 7 runners)
- 11:40 am for high school junior varsity girls and boys

**Arrival Times**

- 8:45 am for middle school boys
- 9:15 am for middle school girls
- 9:30 am for high school varsity girls
- 10:20 am for high school varsity boys (limited to 7 runners)
- 10:30 am for high school junior varsity girls and boys

**Directions**

From Nashville take I24 to exit 66B (Sam Ridley Parkway)

From Murfreesboro take exit 66 Sam Ridley Parkway and turn right onto Sam Ridley Parkway.

Go 4.7 miles and turn left onto Weakly Lane (there is a light at the intersection); a bowling alley will be on your right and a gas station on your left.

Go .2 miles to the 1st light and turn right onto Swan Drive. Swan Drive will elbow left into Espey Drive. Sharp Springs Park is on your right.

Link on Google Maps:

<http://maps.google.com/maps?f=q&hl=en&geocode=&q=37027&ie=UTF8&ll=36.003979,-86.488023&sprn=0.015588,0.042143&z=15>

**Contact Information**

Mike Carmody 974-3113

Bonnie Carmody 481-9559

**PICNIC LUNCH WILL BEGIN RIGHT AFTER THE LAST RACE (about 12:30)**